

Wednesday 6th October, 2010  
Gemini Hotel & Function Centre, Griffith  
6.45am Registration  
7.00am - 10am Event

# break-thru



**Speaker: Mark Edmondson**

**Learn How to Create Personal Power  
And Become Mentally and Physically Unstoppable**

Have you ever wondered what stops people achieving their dreams?  
Is there anything in life that's holding you back?  
Can you imagine a life without any setbacks?  
Would you like to become powerful?  
What is personal power and how does one get it?

Mark dedicates his life to teaching people to succeed in specific areas to reach the highest of levels in Business, Sport, Health and Happiness you name it, and in quick time he does it.

Mark uses his vast experience from the sporting world and his many qualifications in leadership and success psychology to cement deep unconscious new learnings which help program people to become powerful beyond their own beliefs.

Mark Edmondson has become a worldRugby League Champion playing in a professional career lasting 11 years.

Mark travelled the world representing England, UK Champions St Helens and topped it off by living out a boyhood dream, playing with the Sydney Roosters in 2006 under Australian coach Ricky Stewart.

This life experience has created a Powerful mindset and belief in Mark that anything is achievable when you gain Personal Power mentally and physically. This is what he offers to you.

**(What is personal power and how does one get it?)**

"Personal power is being in control of your state of mind at all times. You get this by understanding the internal representations you make in each state throughout your day, and being able to repeat the process of self control".

**"Do you want to become powerful?"**

I hold the attention and fixate my audiences with a passionate performance.  
I use specific powerful language patterns from NLP and Hypnosis to kickstart the audiences imaginations which is the key to creating a connection in the room.  
I also create many sections of emotion throughout the presentation, from happy friendly group interaction to serious gripping powerful and focused.  
After my presentations people leave feeling inspired, happy and passionate and know what action to take to create the dreams they are searching for.